

DECLUTTER YOUR HOME



In each room, go looking for things that match the checklist item. If you have spares or don't need them, get rid of them! Remember that you can often recycle and donate unwanted items to charity shops.

KITCHEN

Check every drawer

- ☐ Unused cups and mugs
- ☐ Expired canned goods
- ☐ Cleaning supplies
- ☐ Spare utensils
- ☐ Cookie cutters
- ☐ Cake tins
- ☐ Jars, ramekins, etc.
- ☐ Cookbooks
- ☐ Stale spices
- ☐ Dishtowels
- ☐ Oven mitts
- ☐ Frozen food
- ☐ Cutlery

BEDROOM

Look under the bed

- ☐ Old clothing
- ☐ Lonely socks
- ☐ Belts
- ☐ Shoes
- ☐ Broken jewellery
- ☐ Spare linens
- ☐ Duvets, comforters
- ☐ Unused blankets and cushions

BATHROOM

It's time to toss your expired products

- ☐ Expired beauty and health products
- ☐ Old toothbrushes
- ☐ Spare hair accessories
- ☐ Vitamins and medications
- ☐ Old facecloths and towels
- ☐ Spare shower or bathmats

STORAGE

You can get rid of just about everything in the "junk drawer"

- ☐ Old batteries
- ☐ Candles and tea lights
- ☐ Old paint
- ☐ Loose screws, nuts, bolts, and other fasteners
- ☐ Unmatched buttons
- ☐ Holiday decorations
- ☐ Old carrier bags
- ☐ Empty cardboard boxes
- ☐ Unused fitness equipment

LIVING ROOM

Make some room to relax

- ☐ Electronics and cables
- ☐ Board games and puzzles
- ☐ CDs and cassettes
- ☐ DVDs and VHS tapes
- ☐ Video games
- ☐ Old games consoles
- ☐ Dead houseplants
- ☐ Candles
- ☐ Cushions

CHILDREN'S ROOMS

If it's meaningful, you can save it

- ☐ Old toys
- ☐ Art supplies
- ☐ Kids books and magazines
- ☐ Swimming kit and goggles
- ☐ School uniform and outgrown clothes

PAPER GOODS

Recycle where possible

- ☐ Books
- ☐ Magazines
- ☐ Last year's calendar
- ☐ Old manuals
- ☐ Newspapers
- ☐ Greetings cards
- ☐ Receipts
- ☐ Printouts
- ☐ Photos
- ☐ Manuals
- ☐ Restaurant menus

WORKSPACE

If it's not helping you work, consider getting rid of it

- ☐ Cables
- ☐ Pens, pencils
- ☐ Rubber bands
- ☐ Unused gadgets
- ☐ Extra headphones
- ☐ Spare linens
- ☐ Binders and folders

Don't have room to store some of your beloved belongings at home? Consider self storage!

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Learn more at

www.accessstorage.com